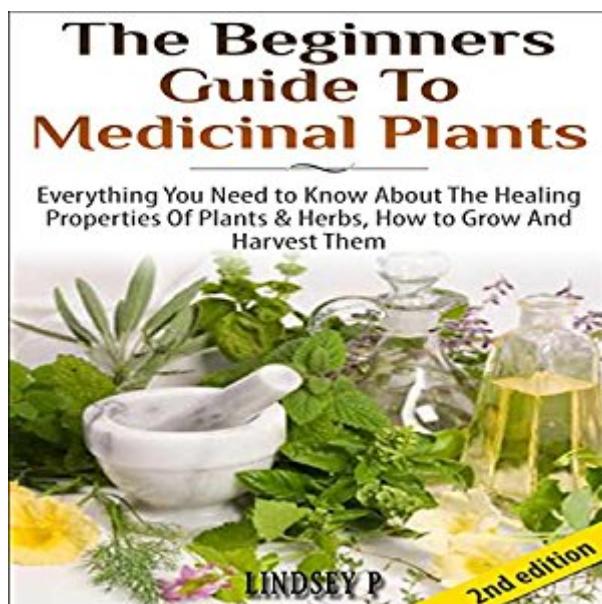


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# The Beginner's Guide To Medicinal Plants: Everything You Need To Know About The Healing Properties Of Plants & Herbs, How To Grow And Harvest Them



## **Synopsis**

Growing medicinal plants and herbs indoors is a popular hobby for a lot of gardeners. One of the greatest reasons to plant medicinal plants indoors is to have a ready supply of these beneficial herbs. These herbs are those that you commonly snip into your sauces and soups. They can also be used to soothe an itchy rash or a cough. Growing medicinal herbs may not sound very appealing; however, you can benefit from growing these plants that can provide instant relief for many illnesses that can happen anytime of the day. So what kind of medicinal plants should you grow? This book features a list of different herbs and medicinal plants that you can grow at home. The list is just a good starting point for easy-to-find and easy-to-grow herbs. The same plants that you can use in cooking daily may also be used as teas, salves, washes, and tinctures. You can also make cough syrup and cough drops with the very same herbal plants that you grow in the comfort of your own home. No matter how you thoroughly care for your medicinal plants, in the long run they will have to be replaced. If this should happen during the colder days, you will have to take into account the growing time before they will be big enough for harvest.

## **Book Information**

Audible Audio Edition

Listening Length: 1 hour

Program Type: Audiobook

Version: Unabridged

Publisher: Lindsey P

Audible.com Release Date: July 20, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B0124F4MM0

Best Sellers Rank: #44 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Gardening #310 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Herbs #464 in Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy

## **Customer Reviews**

Looks to contain useful information but I just couldn't get past all the editorial issues. It wasn't typos, just a lot of sentences that didn't make sense. After a good solid editing, I think this book could be helpful.

Fantastic book. It highlights some of the most common mistakes when putting in a medicinal garden at home, and how to avoid these same mistakes. As well, it lets you know some of the most useful and common plants to grow. It informs you on what kind of fertilizer for each kind of plant you plan on growing to use. As well as what temperatures certain plants thrive in. The information of the location was most helpful to myself, as I thought you could simply plant them wherever you felt like. Overall, this ebook is highly informative and offered up tons of help for beginners and veterans! Recommended!

Great book! Very well written and gives great breakdowns on what each plant can help you accomplish medicinally. I chose fenugreek as my 1st plant to help with breastfeeding. It didn't seem to be growing right and as I read through the book I discovered that I was over watering it. I should be able to harvest my 1st crop in just a few more weeks! Then I will encapsulate it and take it as a daily supplement. It's great knowing what is going in your body!

The most easiest book to read i ever had, no i can identify many types of plants and aproach them for medicinal use, i stardted with a treatment for my wife and now i fell more confortable to have this book on my library, the best ways to cure illnes using the nature in your favor, sincerely i recommend it to everyone who want to use natural methods to get cured.

This great book contains steps and strategies on how to successfully grow medicinal plants and herbs at your own home. I also learn from this book about some of the mistakes when putting up a medicinal garden at home and how to avoid it. Also featured in this book are some of the best types of medicinal plants to grow at home. It's very helpful and worth to buy.

This book is a great read for those beginning to grow their own herbs. Actually, it's a great book to get started on growing other plants such as veggies as well. It gives great pointers on soil care, aphids, harvesting, and points out several common problems that are easily overlooked by novice growers.

Very generalized information and very poorly written. A basic attempt at proofreading would greatly improve this brochure. The content was very vague - some plants need sun, some need shade. Please elaborate - which needs what?

I recently started looking into to homeopathic remedies and decided to start growing my own herbs at home. I decided to purchase this book since I really did not have a clue about growing herbs. This book contains useful info and helped me get started and decide on what to grow.

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